

CELIAC DISEASE CAN RUN IN FAMILIES

Do you, your mother, father, sister, brother, children over 18, or other blood relative have celiac disease?

1 OUT OF EVERY 133 AMERICANS HAS CELIAC DISEASE

The University of Kentucky is conducting clinical research on celiac disease

If you are aged 18 – 75, are newly diagnosed with celiac disease or have previously been diagnosed and the gluten-free diet did not resolve your symptoms you may qualify. Celiac disease is an autoimmune disease that damages the villi of the small intestine and interferes with absorption of nutrients from food. What does this mean? Celiac disease is triggered by consumption of the protein called gluten, which is found in wheat, barley and rye.

SYMPTOMS OF CELIAC DISEASE MAY INCLUDE ONE OR MORE OF THE FOLLOWING:

Bloating, gas, or abdominal pain
Chronic diarrhea or constipation or both
Unexplained weight loss or weight gain
Pale, foul-smelling stool
Unexplained anemia
Bone or joint pain
Behavior changes/depression/irritability
Vitamin K deficiency

Fatigue, weakness, or lack of energy
Delayed growth or onset of puberty
Failure to thrive (in infants)
Missed menstrual periods
Infertility (male & female)
Spontaneous miscarriages
Canker sores inside the mouth
Tooth discoloration or loss of enamel

Left untreated, people with celiac disease can develop further complications such as other autoimmune diseases, osteoporosis, thyroid disease, and cancer.

For more information about this research send an e-mail to Razvan Arsenescu, MD at jeri.reynolds@uky.edu or call 859-323-6423

